## Café Menu for week of May 4—May 8, 2015

Managed by CulinArt Group, the café at Cardinal Spellman High School is open for breakfast, lunch and afternoon snack Monday through Friday.

### MONDAY, MAY 4
- **WAKIN’ UP**
  - French Toast w/ Choice of meat
- **CHEF’S TABLE**
  - Manicotti
- **CHEF’S TABLE**
  - Meatballs
  - Mixed Vegetable
- **JUMP ASIAN**
  - Black Pepper Chicken
  - Kung Po Beef
- **TUSCAN BISTRO**
  - Buffalo Chicken Pizza
- **CITY GRILL**
  - Blackened Chicken Cheddar
- **UPMARKET DELI**
  - Turkey, Cranberry & Honey Mustard On A Ciabatta Roll
- **QUIK PIK**
  - Spring Salad W/ Fruit & Yogurt
  - Honey Basil Vinaigrette

### TUESDAY, MAY 5
- **WAKIN’ UP**
  - Pancakes w/ Choice Of Meat
- **CHEF’S TABLE**
  - Pork Al Pastor
- **SIDES**
  - Cilantro Rice
  - Mexican Style Corn
- **JUMP ASIAN**
  - Chicken & Vegetables
  - Lemon Stir Fry Vegetables
- **TUSCAN BISTRO**
  - Nacho Pizza
- **CITY GRILL**
  - Jamaican Beef Patty
- **UPMARKET DELI**
  - Cuban sandwich
- **QUIK PIK**
  - Mediterranean sandwich W/ Chicken

### WEDNESDAY, MAY 6
- **WAKIN’ UP**
  - French Toast Sticks W/ Choice Of Meat
- **CHEF’S TABLE**
  - Roasted Chicken
- **SIDES**
  - Roasted Potatoes
  - Broccoli & Cauliflower
- **JUMP ASIAN**
  - Honey Lemon Pork
  - Beef & Vegetables
- **TUSCAN BISTRO**
  - Hot Dog Roll
- **CITY GRILL**
  - Teriyaki Chicken Sandwich
- **UPMARKET DELI**
  - (THE BACONATOR) W/ Swiss, Cheddar, Bacon & Tomato
- **QUIK PIK**
  - Black Bean & Mango

### THURSDAY, MAY 7
- **WAKIN’ UP**
  - Waffles W/ Choice Of Meat
- **CHEF’S TABLE**
  - BBQ Ribs
- **SIDES**
  - Sweet Potato Fries
  - Corn on The cob
- **JUMP ASIAN**
  - Sweet & Sour Chicken
  - Beef Noodles
- **TUSCAN BISTRO**
  - Margarita Pizza
- **CITY GRILL**
  - BBQ Pulled Pork Sandwich
- **UPMARKET DELI**
  - Egg Salad on white Bread
- **QUIK PIK**
  - New Waldorf Chicken Salad

### FRIDAY, MAY 8
- **WAKIN’ UP**
  - French Toast Sticks W Choice of meat
- **CHEF’S TABLE**
  - Fish & Chips
- **SIDES**
  - Steamed Green Bean Mix
- **JUMP ASIAN**
  - Teriyaki Chicken
  - Mandarin Mixed Vegetables
- **TUSCAN BISTRO**
  - BBQ Pizza
- **CITY GRILL**
  - Corn Dog
- **UPMARKET DELI**
  - Mediterranean Chick Pea Wrap
- **QUIK PIK**
  - Fire Cracker Chicken